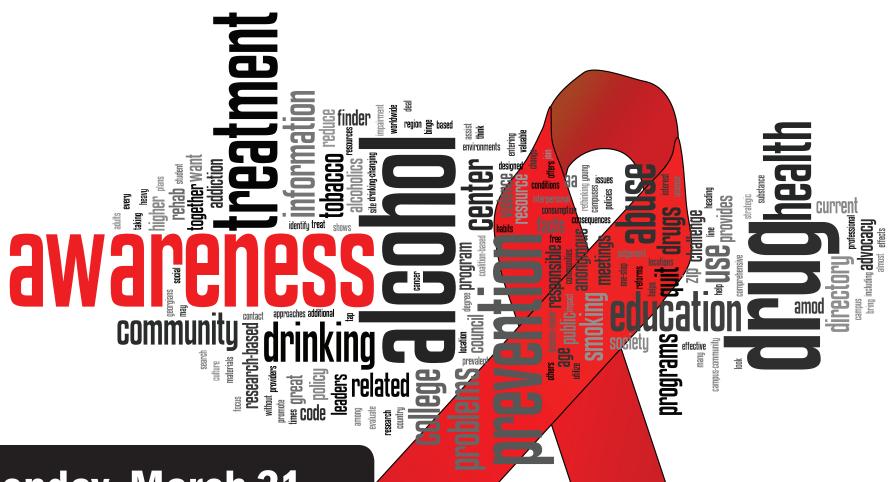
BECOMING DRUG AWARE

A Parent Primer for Understanding and Preventing Adolescent Substance Use



Monday, March 31 7:00-9:00 p.m.

Lake Washington School District Resource Center 16250 N.E. 74th Street Redmond, 98052

Panel Speakers

Jerry Blackburn

Community Consultant with Lakeside-Milam Recovery Centers and Bellevue College Chemical Dependency Counseling Program

Linda Penhallegon

Director of Substance Abuse Services, Youth Eastside Services

Officer R. King

School Resource Officer, Kirkland Police Department One of the most powerful prevention strategies is an informed parent.

In an era of increased access, including the legalization of marijuana, it is more important than ever to be aware of adolescent drug and alcohol trends. Join us to hear about the physiological and developmental aspects of substance use on youth, potential for progression and addiction, legal consequences and tips for recognizing and preventing use. Our panel will help you understand the risks to our youth and provide a parenting toolbox for talking to children about substance use. This presentation is for adults who interact with youth of all ages.

For more information contact <u>parent.ed@lwptsa.net</u>.







